

## Fitness Challenge #7

### Antecedent Arrangement:

A familiar, fenced in area. Handler is in full contact with the horse. A platform, at least 6 inches off the ground, large enough for the horse to stand on. 5 ground poles, together in the center, sticking out like spokes on a wheel.

### Task #1

### Scores

#### Step up, head down

The handler leads the horse up onto a platform with their two front feet, then cue the horse to lower their head for a deep back stretch.

**Requirements:** The horse should remain relaxed and comfortable, finding their balance on the unusual foam footing.

Accuracy: \_\_\_/5

Cues and Response: \_\_\_/5

Reinforcement: \_\_\_/5

Horse's Wellbeing: \_\_\_/5

Reviewer's Comments:

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### Task #2

### Scores

#### Platform, head up

The handler leads the horse up onto the platform and cues the horse to lift their head

**Requirements:** The horse should step confidently onto the platform and stretch their head up as high as they can reach, you may use a target.

Accuracy: \_\_\_/5

Cues and Response: \_\_\_/5

Reinforcement: \_\_\_/5

Horse's Wellbeing: \_\_\_/5

Reviewer's Comments:

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### Task #3

### Scores

#### Step down, head down

The handler leads the horse forward, so just their hind feet are on the platform, then cue the horse to lower their head.

**Requirements:** The horse should stretch down comfortably

Accuracy: \_\_\_/5

Cues and Response: \_\_\_/5

Reinforcement: \_\_\_/5

Horse's Wellbeing: \_\_\_/5

Reviewer's Comments:

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Task #4	Scores
<p><b><u>Spirals</u></b> The handler leads the horse over the 5 poles in a circle, while the handler is on the inside and the horse walks around the outer edge where the poles are far apart. 2 laps around the spiral.</p> <p><b><u>Requirements:</u></b> The horse should find their footing and spacing comfortably</p>	<p>Accuracy: ___/5 Cues and Response: ___/5 Reinforcement: ___/5 Horse's Wellbeing: ___/5</p>
<p>Reviewer's Comments:</p> <hr/> <hr/>	
Task #5	Scores
<p><b><u>Spiral narrow</u></b> The handler should lead the horse over the 5 ground poles on the spiral, this time with the handler on the outside and the horse on inside where the poles are closer together.</p> <p><b><u>Requirements:</u></b> The horse should shorten their stride to match the narrower poles</p>	<p>Accuracy: ___/5 Cues and Response: ___/5 Reinforcement: ___/5 Horse's Wellbeing: ___/5</p>
<p>Reviewer's Comments:</p> <hr/> <hr/>	
Task #6	Scores
<p><b><u>Spiral backwards</u></b> Repeat tasks #4 and #5 going the other direction</p> <p><b><u>Requirements:</u></b> The horse should be equally calm and confident</p>	<p>Accuracy: ___/5 Cues and Response: ___/5 Reinforcement: ___/5 Horse's Wellbeing: ___/5</p>
<p>Reviewer's Comments:</p> <hr/> <hr/>	