

## Fitness Challenge #6

### Antecedent Arrangement:

A familiar, fenced in area. Handler is in full contact with the horse. 3 stress relief mats stacked together. 4 ground poles, each raised on one end, alternating.

### Task #1

### Scores

#### Station on stress relief mats

The horse stands stations on the mats while the handler does jumping jacks a few steps away.

**Requirements:** The horse should remain relaxed and comfortable, finding their balance on the unusual foam footing.

Accuracy: \_\_\_/5

Cues and Response: \_\_\_/5

Reinforcement: \_\_\_/5

Horse's Wellbeing: \_\_\_/5

Reviewer's Comments:

---

---

### Task #2

### Scores

#### Walk over uneven poles

The handler leads the horse over the 4 uneven poles at a walk

**Requirements:** The horse should be confidently find their own footing, the handler may use a target.

Accuracy: \_\_\_/5

Cues and Response: \_\_\_/5

Reinforcement: \_\_\_/5

Horse's Wellbeing: \_\_\_/5

Reviewer's Comments:

---

---

### Task #3

### Scores

#### Send to mat

The handler should turn the horse around and send the horse back over the poles to the mat.

**Requirements:** The horse should move confidently away from the handler and wait at the mat for the handler to deliver the reinforcement

Accuracy: \_\_\_/5

Cues and Response: \_\_\_/5

Reinforcement: \_\_\_/5

Horse's Wellbeing: \_\_\_/5

Reviewer's Comments:

---

---

Task #4	Scores
<p><b><u>Trot over uneven poles</u></b> The handler leads the horse over the 4 uneven poles at a trot</p> <p><b><u>Requirements:</u></b> The horse should be confidently find their own footing, the handler may use a target.</p>	<p>Accuracy: ___/5 Cues and Response: ___/5 Reinforcement: ___/5 Horse's Wellbeing: ___/5</p>
<p>Reviewer's Comments:</p> <hr/> <hr/>	
Task #5	Scores
<p><b><u>Send to mat</u></b> The handler should turn the horse around and send the horse back over the poles to the mat. Full points if the horse picks up a trot at any part.</p> <p><b><u>Requirements:</u></b> The horse should move confidently away from the handler and wait at the mat for the handler to deliver the reinforcement</p>	<p>Accuracy: ___/5 Cues and Response: ___/5 Reinforcement: ___/5 Horse's Wellbeing: ___/5</p>
<p>Reviewer's Comments:</p> <hr/> <hr/>	
Task #6	Scores
<p><b><u>Hind feet mat</u></b> The handler should guide the horse to stand on the mat with just their two hind feet.</p> <p><b><u>Requirements:</u></b> The horse should remain relaxed and comfortable, finding their balance on the unusual foam footing.</p>	<p>Accuracy: ___/5 Cues and Response: ___/5 Reinforcement: ___/5 Horse's Wellbeing: ___/5</p>
<p>Reviewer's Comments:</p> <hr/> <hr/>	