

Fitness Challenge #4

Antecedent Arrangement:

A familiar, fenced in area. Handler is in full contact with the horse.
Two parallel ground poles a few feet apart making a short path.

Task #1

Scores

Head down

The handler cues the horse to lower their head for at least 3 seconds of duration

Requirements: The horse should remain relaxed and comfortable responding to the cue. You may use a target at any point.

Accuracy: ___/5

Cues and Response: ___/5

Reinforcement: ___/5

Horse's Wellbeing: ___/5

Reviewer's Comments:

Task #2

Scores

Walk head low

The handler leads the horse through the path at a walk with their head low and neck stretched down (at least 5 steps)

Requirements: The horse should be relaxed and forward moving, you may use a target

Accuracy: ___/5

Cues and Response: ___/5

Reinforcement: ___/5

Horse's Wellbeing: ___/5

Reviewer's Comments:

Task #3

Scores

Back up head low

The handler cues the horse to back up through the path with their head low (at least 5 steps)

Requirements: The horse should be relaxed, confident and back up straight through the path. You may use a target and reinforce as needed

Accuracy: ___/5

Cues and Response: ___/5

Reinforcement: ___/5

Horse's Wellbeing: ___/5

Reviewer's Comments:

| Task #4 | Scores |
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| <p><u>Trot head low</u> The horse trots forward through the path, with their head held low (at least 5 steps)</p> <p><u>Requirements:</u> The horse should remain relaxed and comfortable with a loose, forward trot. You may carry on a few strides after the path to help them get loose if that helps.</p> | <p>Accuracy: ___/5 Cues and Response: ___/5 Reinforcement: ___/5 Horse's Wellbeing: ___/5</p> |
| <p>Reviewer's Comments:</p> <hr/> <hr/> | |

| Task #5 | Scores |
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| <p><u>Circle left, head low</u> The handler guides the horse in a small circle to the left around the handler at a walk, the horse keeps their head low</p> <p><u>Requirements:</u> The horse should be relaxed and bend around the handler as they turn, you may use a target</p> | <p>Accuracy: ___/5 Cues and Response: ___/5 Reinforcement: ___/5 Horse's Wellbeing: ___/5</p> |
| <p>Reviewer's Comments:</p> <hr/> <hr/> | |

| Task #6 | Scores |
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| <p><u>Circle right, head low</u> The handler guides the horse in a small circle to the right around the handler at a walk, the horse keeps their head low</p> <p><u>Requirements:</u> The horse should be relaxed and bend around the handler as they turn, you may use a target</p> | <p>Accuracy: ___/5 Cues and Response: ___/5 Reinforcement: ___/5 Horse's Wellbeing: ___/5</p> |
| <p>Reviewer's Comments:</p> <hr/> <hr/> | |