

# Fitness Challenge #1

## Antecedent Arrangement:

A familiar, fenced in area. Handler is in full contact with the horse.

Task #1	Scores
<p><b>Head down</b> The horse lowers their head down to the ground</p> <p><b>Requirements:</b> You may use a target for these stretches, the horse should hold the stretch for at least 3 seconds</p>	<p>Accuracy: ___/5 Cues and Response: ___/5 Reinforcement: ___/5 Horse's Wellbeing: ___/5</p>
Reviewer's Comments: _____ _____	
Task #2	Scores
<p><b>Nose to girth</b> The horse touches their nose to their girth area on each side</p> <p><b>Requirements:</b> The orse should be confident and comfortable in this stretch, holding position for at least a full second.</p>	<p>Accuracy: ___/5 Cues and Response: ___/5 Reinforcement: ___/5 Horse's Wellbeing: ___/5</p>
Reviewer's Comments: _____ _____	
Task #3	Scores
<p><b>Nose to shoulder</b> The orse touches the point of each shoulder with their nose/chin</p> <p><b>Requirements:</b> The horse should make this tight tuck as well as they can comfortably</p>	<p>Accuracy: ___/5 Cues and Response: ___/5 Reinforcement: ___/5 Horse's Wellbeing: ___/5</p>
Reviewer's Comments: _____ _____	

Task #4	Scores
<p><b><u>Nose to stifle</u></b> The horse should turn and reach toward their own stifle on each side.</p> <p><b><u>Requirements:</u></b> The horse should be comfortable and relaxed, holding the stretch for a full second or two</p>	<p>Accuracy: ___/5 Cues and Response: ___/5 Reinforcement: ___/5 Horse's Wellbeing: ___/5</p>
<p>Reviewer's Comments:</p> <hr/> <hr/>	

Task #5	Scores
<p><b><u>Deep stretch</u></b> The horse should lean back, pulling their weight onto their hind end.</p> <p><b><u>Requirements:</u></b> The handler should be relaxed and soft in this behavior</p>	<p>Accuracy: ___/5 Cues and Response: ___/5 Reinforcement: ___/5 Horse's Wellbeing: ___/5</p>
<p>Reviewer's Comments:</p> <hr/> <hr/>	

Task #6	Scores
<p><b><u>Head down and 1 foot up</u></b> The horse should lower their head and pick up a front foot on each side (seperately)</p> <p><b><u>Requirements:</u></b> The horse should be relaxed and comfortable with this, performing the behavior without being physically manipulated.</p>	<p>Accuracy: ___/5 Cues and Response: ___/5 Reinforcement: ___/5 Horse's Wellbeing: ___/5</p>
<p>Reviewer's Comments:</p> <hr/> <hr/>	